

Yoga

in Mürren



*A mixture of stretching, breathing
and relaxation. Helps both the mind
and body work more efficiently.*

Denise Fussell

on Tuesdays 10.15 – 11.30

on Wednesdays 18.30 – 19.30

in the Alpine Sports Centre,

Sports Hall

CHF 15.00

I also do made-to-measure private classes.

For more information please contact me.

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